



The Rydon Inn

Winter 2011-2012

A 300-year-old converted Devon Longhouse, steeped in tradition brings with it a duty to serve only fresh locally sourced food. This is the founding cornerstone of the Rydon Inn.

We, together with our Head Chef Wes Wheeler, look forward to being your hosts today.

Our motto is:

“Great food prepared with skill and served with pleasure.”

Dennis & Janice Harper



RYDON BITES...

<i>Nachos, cheese & sweet chilli sauce. (v)</i>	<i>£4.75</i>
<i>Mature Devon cheddar or ham ploughman's. © (v)</i>	<i>£8.50</i>
<i>Bowl of chips. (v)</i>	<i>£2.90</i>
<i>Bowl of cheesy chips. (v)</i>	<i>£3.75</i>
<i>Garlic bread. (v)</i>	<i>£2.95</i>
<i>Potato salad.</i>	<i>£2.95</i>
<i>Baguette & butter.</i>	<i>£1.50</i>

Baguettes:

<i>Roast ham with brie or cheddar. ©</i>	<i>£6.25</i>
<i>Grilled chicken breast. ©</i>	<i>£6.25</i>
<i>Prawns with marie rose sauce. ©</i>	<i>£6.50</i>
<i>Cheddar, goat's, brie or blue.</i>	<i>£6.00</i>

*All dishes marked with (v) are suitable for Vegetarians.
All dishes marked with © are available in coeliac versions.*



TO COMMENCE.....

<i>Today's freshly prepared soup. © (v)</i>	<i>£5.50</i>
<i>Smoked mackerel pâté.. ©</i>	<i>£6.50</i>
<i>Cornish crab cakes.</i>	<i>£7.00</i>
<i>Tapenade & goat's cheese. © (v)</i>	<i>£6.75</i>
<i>Classic prawn cocktail, Marie Rose sauce. ©</i>	<i>£6.50</i>

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TO FOLLOW ON...

<i>West country sirloin, chips & grilled tomato. ©</i>	<i>£15.95/ £11.95</i>
<i>pepper, blue cheese or mustard sauce</i>	<i>£ 2.00 each</i>
<i>onion rings or mushrooms.</i>	<i>£ 2.50 each</i>
<i>Roasted vegetable lasagne, salad & garlic bread. (v)</i>	<i>£12.50/ £ 8.50</i>
<i>Lightly battered Cornish fish & chips,</i>	<i>£11.95/£ 7.95</i>
<i>minted mushy peas.</i>	
<i>Salmon & spinach tagliatelle, creamy white wine sauce.</i>	<i>£14.50/£ 9.95</i>
<i>Braised ham hock, garlic & herb mash,</i>	<i>£12.95/£ 8.75</i>
<i>piccalilli & vegetables.</i>	
<i>Brie, sun blush tomato & roasted garlic risotto. (v) ©</i>	<i>£12.50/£ 8.50</i>
<i>Honey roast ham, fried eggs & chips.</i>	<i>£ 8.95/ £ 6.25</i>
<i>Classic Devon pure beef burger & chips. ©</i>	<i>£ 10.95/ £ 7.50</i>
<i>cheese, bacon or fried egg.</i>	<i>£ 1.00 each</i>
<i>Lightly battered chicken breast strips & chips,</i>	<i>£11.95/£ 7.95</i>
<i>sweet chilli sauce.</i>	

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TO FINISH...

<i>Dark chocolate crème brûlée, caramelized banana.</i>	<i>£6.50</i>
<i>Cheese platter - Mature cheddar, Devon blue, Somerset brie & Mélusine goat's cheese. ©</i>	<i>£ 7.95/£5.75</i>
<i>Cockburn's fine ruby port.</i>	<i>£2.50</i>
<i>"Francis Coulson's" sticky toffee pudding.</i>	<i>£6.50/£4.50</i>
<i>Nederburg dessert wine.</i>	<i>£4.00</i>
<i>"Eton Mess". (#)</i>	<i>£6.95</i>
<i>Selection of Devon farm ice cream & sorbet.(#) ©</i>	<i>£5.75/£4.25</i>
<i>Rydon's crumble & custard.</i>	<i>£6.50/£4.50</i>

(#) Sugar free option available.

Havana Coffee and assortment of Teas. £2.00
Latté or Cappuccino £2.50
Liqueur coffee £4.95
Arran exclusive single malt whisky-58.9% abv. £3.00



RYDON' LITTLE ONES...

"Keep 'em quiet"

<i>Honey roast ham fried eggs & chips.</i>	<i>£ 6.25</i>
<i>Today's freshly prepared soup. (v)</i>	<i>£ 4.50</i>
<i>Classic Devon pure beef burger & chips. © cheese, bacon or fried egg. £ 1.00 each</i>	<i>£ 7.50</i>
<i>Roasted vegetable lasagne, salad & garlic bread. (v)</i>	<i>£ 8.50</i>
<i>Lightly battered Cornish fish & chips.</i>	<i>£ 7.95</i>
<i>West country sirloin, chips & grilled tomato. ©</i>	<i>£11.50</i>
<i>Lightly battered chicken breast strips & chips,</i>	<i>£ 7.95</i>

"Perk 'em up"

<i>Sticky toffee pudding.</i>	<i>£4.50</i>
<i>Selection of Devon farm ice cream & sorbet© (#)</i>	<i>£4.25</i>
<i>Rydon's crumble & custard.</i>	<i>£4.50</i>

(#) Sugar free option available.



We are committed to sourcing all our produce from only the following local suppliers;

*BN Farm: Meats, poultry,
North Cott-9 miles. fruit and vegetables.*

*Westacott Eggs: Eggs.
Petrockstowe-12 miles*

*Dunstaple Farm: Devon Ice cream.
Holsworthy Beacon-3 miles*

*Matthew Stevens: Fish
St Ives*

*St Austell Brewery: Beers
Bude depot-9 miles.*

*Sharps Brewery: Real Ales
Rock-40 miles*

*Waverley TBS Beers, Wines and spirits
Bodmin-35 miles*

*Country Life Brewery: Real Ales
Bideford-15 miles*

*Russell Hume: Meat
Exeter-30 miles*

*J&R: Dairy, odds & sods.
Exeter-30 miles*

We are proud of our team and thankful to these suppliers who have all helped us achieve the AA Rosette recognition

on March 28th 2007.

