



The Rydon Inn

Summer 2010

A 300-year-old converted Devon Longhouse, steeped in tradition brings with it a duty to serve only fresh locally sourced food. This is the founding cornerstone of the Rydon Inn.

We look forward to being your hosts today.

Our motto is:

“Great food prepared with skill and served with pleasure.”

Dennis & Janice Harper



TO COMMENCE.....

<i>Today's freshly prepared soup.(v) ©</i>	<i>£ 4.75</i>
<i>Chicken liver pâté. ©</i>	<i>£ 6.00</i>
<i>Cornish crab cakes.</i>	<i>£ 6.00</i>
<i>Red onion & goat's cheese tart. (v)</i>	<i>£ 6.75</i>
<i>Greenlip mussels, garlic butter. ©</i>	<i>£ 7.00</i>
<i>Classic prawn cocktail, Marie Rose sauce.</i>	<i>£ 6.50</i>

**See Slate Boards
for today's
specials.**

*All dishes marked with (v) are suitable for Vegetarians.
All dishes marked with © are available in Coeliac versions.*



TO FOLLOW ON...

<i>Pan seared salmon steak, hollandaise sauce. #</i>	<i>£15.95</i>
<i>Chicken & mushroom pasta carbonara.</i>	<i>£12.50/£ 8.95</i>
<i>Lightly battered chicken breast strips & chips, sweet chilli sauce.</i>	<i>£11.95/£ 7.95</i>
<i>Red onion & goat's cheese tart. # (v)</i>	<i>£11.50</i>
<i>Roasted chicken supreme, cream cheese & sun blush tomatoes. #</i>	<i>£13.95</i>
<i>Local pork sausages, mash & onion gravy.</i>	<i>£11.00/£ 7.50</i>
<i>Fresh pasta bound with pesto, sun blush tomatoes, Pine nuts & parmesan shavings. (v)</i>	<i>£11.50</i>
<i>Roasted vegetable lasagne, garlic bread & salad. (v)</i>	<i>£11.50/£ 7.50</i>

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Seasonal vegetables & potatoes.*

Menu Summer 2010



TO FINISH.....

<i>Cheesecake. (#)</i>	<i>£ 5.95/£ 4.25</i>
<i>Chocolate bread & butter pudding.</i>	<i>£ 6.00</i>
<i>Cheese platter-Farmhouse mature cheddar, Devon blue, Somerset brie & Mélusine goat's cheese. ©</i>	<i>£ 7.50/£ 5.50</i>
<i>"Francis Coulson's" sticky toffee pudding.</i>	<i>£ 6.00/£ 4.25</i>
<i>"Eton Mess". (#)</i>	<i>£ 6.75</i>
<i>Selection of local Devon ice creams. © (#)</i>	<i>£ 5.50/£ 3.95</i>

(#) Sugar free option available.

£ 2.00

Coffee

*Fresh Ground
Espresso
Decaffeinated*

Latté or Cappuccino

Teas

*Darjeeling
Peppermint
Breakfast
Earl Grey
Camomile*

£ 2.50



RYDON'S LITTLE ONES.....

“Keep ‘em quiet”

<i>Battered chicken breast strips, chips & sweet chilli sauce.</i>	<i>£ 7.95</i>
<i>Devon’s best burger & chips. ©</i> <i>(cheddar or blue cheese £ 1.00)</i>	<i>£ 7.00</i>
<i>Soup of the day.</i>	<i>£ 3.50</i>
<i>Battered Cornish fish & chips, minted mushy peas.</i>	<i>£ 7.95</i>
<i>West Country sirloin steak, chips. ©</i>	<i>£10.50</i>
<i>Vegetable lasagne, salad & garlic bread. (v)</i>	<i>£ 7.50</i>
<i>Local pork sausages, mash & baked beans.</i>	<i>£ 7.50</i>
<i>Chicken & mushroom pasta carbonara.</i>	<i>£ 8.95</i>

“Perk ‘em up”

<i>“Francis Coulson’s” sticky toffee pudding.</i>	<i>£ 4.25</i>
<i>Selection of local Devon ice creams. © (#)</i>	<i>£ 3.95</i>
<i>Cheesecake. (#)</i>	<i>£ 4.25</i>

(#) Sugar free option available.



We are committed to sourcing all our produce from only the following local suppliers;

*BN Farm: Meats, poultry,
North Cott-9 miles. fruit and vegetables.*

*Westacott Eggs: Eggs.
Petrockstowe-12 miles.*

*Dunstaple Farm: Devon Ice cream.
Holsworthy Beacon-3 miles.*

*Mathew Stevens: Fish.
Looe-30 miles.*

*St Austell Brewery: Beers
Bude depot-9 miles.*

*Sharps Brewery: Real Ales
Rock-40 miles.*

*Waverly TBS Beers, wines & spirits
Bodmin-35 miles.*

*Country Life Brewery: Real Ales
Bideford-15 miles.*

*Russell Hume: Meat
Exeter-40 miles.*

We are proud of our team and thankful to these suppliers who have all helped us achieve an AA Rosette recognition for 2008 and 2009.

